



ROOT CANAL THERAPY POST-OPERATIVE INSTRUCTIONS

Your root canal treatment has been completed. Following your root canal:

- **Return to your general dentist for a permanent restoration of the tooth immediately, but in no case longer than 30 days, due to the presence of a temporary filling.**
- Do not eat anything until the numbness in your mouth from the anesthesia wears off.
- **It is normal to feel some tenderness and/or pain in your tooth, jaw, and the area surrounding the tooth, for a period of time due to the injections and/or manipulation during the root canal procedure.**
- If no medical contra-indications, take by mouth 600-800 mg of ibuprofen (Advil/Motrin) or 1000mg of acetaminophen (Tylenol) every 6-8 hours, along with your antibiotic (if you have been prescribed one) If this doesn't resolve your symptoms, please take the prescription pain medication, if we have prescribed any to you. If a narcotic pain medication has been prescribed and ingested, please do not drive or operate heavy machinery. For all the medications, it is advised to eat prior to taking the medications to reduce the potential of nausea as a side effect.
- **The treated tooth may be tender to touch or biting or may feel "different" sometimes for as long as four months.**
- **Refrain from biting or chewing on the treated tooth until your general dentist has placed a permanent restoration.** Your tooth may feel rough or tender until that occurs.
- Continue brushing and flossing as normal, unless otherwise instructed by the Doctor.

Contact our office promptly if you develop any of the following:

- Visible swelling inside or outside of your mouth.
- Severe pain or pressure that lasts more than five days.
- An allergic reaction to medication, which can include symptoms such as rash, hives, itching or difficulty breathing (nausea is not considered an allergic reaction).
- It is normal for a thin layer of the temporary filling to wash away. If you feel you have lost the entire temporary filling material, please contact us.

The office telephone is answered day and night. If you need to call after hours as an emergency, please have your pharmacy number available for the on-call Doctor.

Downtown Orlando

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OrlandoRootCanals.com